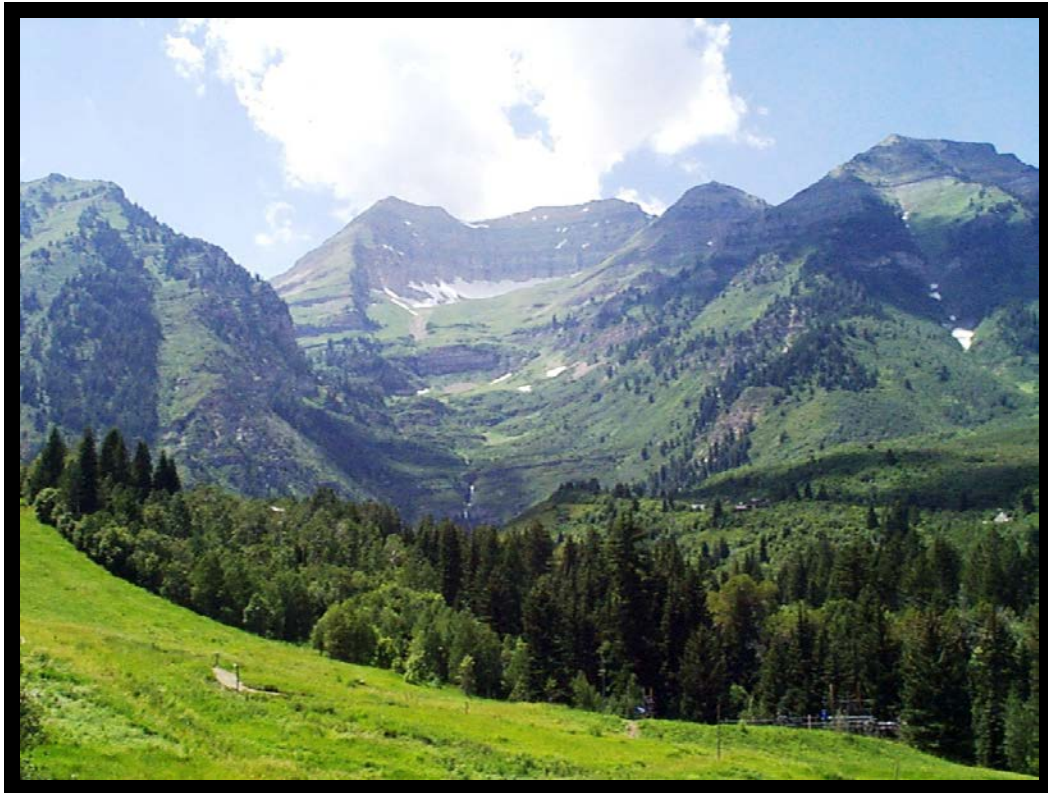


Aspen Grove

Youth Conference

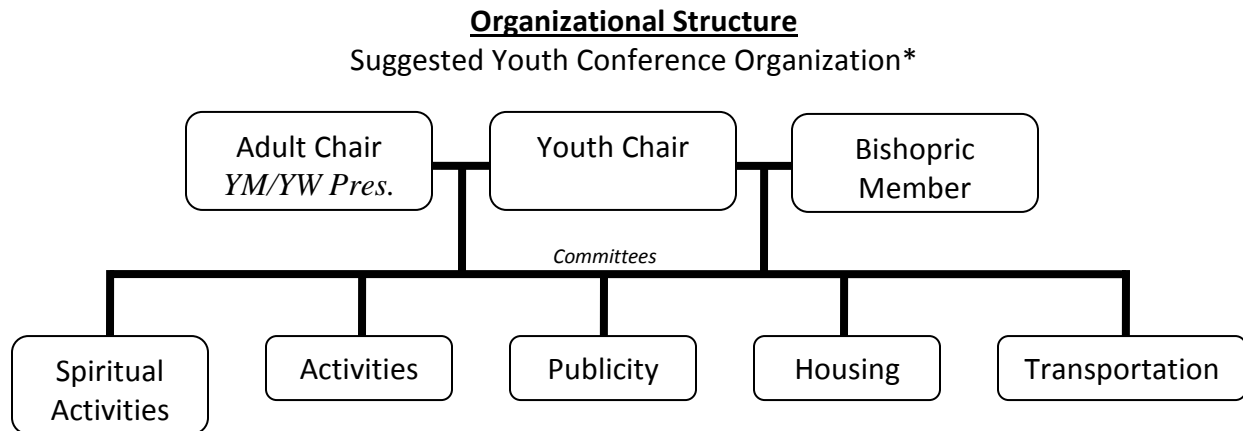


Spring/Fall One-Night Youth Conference & Two-Night Youth Conference (May/June) Planning Guide 2012



We are very happy you have chosen Aspen Grove for your upcoming youth conference! We promise to do all in our power to make your youth conference memorable and successful.

We have found the best youth conferences are those planned together by youth and leaders. One way to structure your leadership is outlined below.



***Note:** This is only a suggested organizational chart which should be modified to fit the needs of your group.

Adult Chair:

As the adult in charge of your youth conference, it is your responsibility to oversee the entire organization and development of the conference and to see the goals or theme of the conference are met. We encourage you to keep a low profile. Since it is a youth conference, let the youth plan their own agenda as much as possible. There will be times when your expertise and experience will be needed, so don't hesitate to offer suggestions and ideas to smooth out the rough spots. Youth want to show that they are capable and will do an excellent job when given the opportunity.

Youth Chair:

As a youth leader, you have one of the most important jobs held by a young person in your ward or stake this year. This activity may have more influence on your peers than any other activity held during the year. You are responsible for overseeing the planning and conducting of the conference while at Aspen Grove. Remember to keep the goals and theme for the conference in mind when planning. Be prepared for committee meetings and set specific tasks to reach your goals. Here are some basic responsibilities to keep in mind:

Prior to conference

- (1) Work with adult leaders
- (2) Develop goals and themes
- (3) Coordinate all committees
- (4) Follow deadlines

During the conference

- (1) Work with Aspen Grove Staff
- (2) Conduct all meetings
 - a. Orientation & general meetings
 - b. Special meetings (firesides, testimonies, etc.)
- (3) Encourage peers to follow camp policy

Spiritual Activities Committee:

It is important to keep in mind the real purpose of your conference. Fun and games will be a big part of your youth conference, but the spiritual activities (firesides, testimony meetings, workshops) should be the highlight and have the biggest impact. It's good to utilize the talent and expertise of leaders in your ward and stake, when possible. You may want to survey your peers to find out which topics they would be interested in having. For a list of workshop ideas, see the section on Workshops in this packet (page 5).

Activities Committee:

When planning the agenda for the conference, be sure to know the needs and wants of the youth in your ward or stake. Build your agenda around what you are interested in now, not what has been done in years past. For a list of activities available at Aspen Grove, please see the section on Seasonal Activities in this packet (page 6).

Publicity Committee:

A youth conference, no matter how well planned, cannot be successful if no one attends. The publicity committee plays a big part to play in the success of the youth conference. Be sure to:

- A. *Inform participants* - They will want to know the details, dates, times, and places. Get an early start so that youth conference will be part of their plans.
- B. *Promote specific activities* - As highlights of the conference are planned, make sure to get that information out to your ward or stake. Let the people know it will be worth their time to attend.
- C. *Talk it up* - One of the best methods of advertising is by word of mouth. Encourage everyone to attend. Build enthusiasm! Be sure to reach all of the youth and their parents. Many times it will be the parents who will encourage the youth to attend.
- D. *Strategy* - Have a well-planned advertising approach. Because a final headcount for your youth conference is due two weeks prior to your check-in date, be sure to advertise in advance so youth have time to confirm their attendance.

Housing Committee:

One week prior to your arrival, Aspen Grove will notify you of the rooms your ward or stake has been assigned. Requests may be given. However, all assignments are based on the size of each group. Youth and leaders must bring their own bedding. For a description of each accommodation, please see the section on Housing in this packet (page 7).

Transportation Committee:

Whether your group is traveling by private vehicle or commercial carrier, it is your responsibility to arrange and organize transportation for everyone. In the case of snow, UDOT generally does a great job keeping the road plowed. However, **there is an electronic sign that turns on during storms requiring drivers to have chains or four wheel drive.** Please keep this requirement in mind as you

find drivers for your conference. As a reminder, it is strictly against Church, BYU, and camp policy to transport youth in the back of pick-up trucks.

GENERAL SUGGESTIONS

The following are some suggestions to make your youth conference successful.

Adult Supervisors:

We strongly urge you to plan sufficient adult supervision for the size of your youth conference. **One adult per seven participants is recommended.** Prior to your conference, we suggest holding a brief orientation meeting for the adult supervisors to discuss their duties and responsibilities. For additional information, a special booklet on youth conferences is published by the Church and is available at the Church Distribution Center.

Priesthood Leaders:

We strongly suggest your stake and ward priesthood leaders be present for the entire youth conference. We've found conferences that have members of the stake presidency, high council, bishopric, and/or ward Aaronic Priesthood leaders present carry a more spiritual tone and tend to better accomplish the overall goal of youth conferences.

Dress Standards:

Youth Conference guests are encouraged to dress modestly and follow the standards outlined in the "For Strength of Youth" pamphlet. Clothing should be modest and appropriate in fabric, fit, and style. Clothing should be knee-length or lower and is unacceptable when it is sleeveless, strapless, backless, revealing, or form fitting. Shirts and tops must be long enough to cover the stomach and lower back, especially when bending over or raising one's hand or arm. Shoes should be worn in all public areas. All guests should avoid extremes in clothing, appearance, and hairstyle.

Free Time:

In planning your agenda, we recommend a full schedule of activities, with limited free time. We find youth wander off camp grounds or engage in activities that lead to camp destruction and/or personal injury when too much free time is planned.

GENERAL INFORMATION

One-Night Youth Conferences (Weekends Friday-Saturday)

Check-in

Check-in is at 4:00 PM in the Aspen Lodge.

Checkout

Checkout is at 4:30 PM. To check out, simply remove all personal items from your lodging and leave your keys in your room.

Two-Night Youth Conferences – Late May or early June when school is out.

Check-in

Check-in is at 1:00 PM in the Aspen Lodge.

Checkout

All guests must remove all personal items and check out of lodging by 8:00 AM. Final checkout from Aspen Grove is at 11:00 AM.

Each participant should bring the following:

- Sleeping bag
- Pillow
- Scriptures
- Towel
- Jacket/Sweatshirt
- Pencil and notebook
- Camera
- Flashlight and batteries
- Toothbrush, toothpaste, soap and shampoo
- Pajamas

It is also recommended that each participant be told in advance to leave laptops and all other electronic devices at home, as they prevent youth from fully participating in the youth conference programs.

ASPEN GROVE REGULATIONS

The following rules will be your responsibility to enforce:

1. Damaging, destroying, or defacing of housing units, furniture, or equipment on camp property is prohibited. Removal of camp property is prohibited. Groups responsible will be required to reimburse the camp for all such actions. A \$100 damage deposit for each ward and a \$300 damage deposit per stake is required and will be refunded after the event if no damage has occurred during the youth conference.
2. The use or possession of narcotics or alcoholic beverages on camp property is forbidden and is a violation of state law.
3. Firearms or explosives are not permitted at camp.
4. Cooking and use of coil-resistant appliances are not permitted in sleeping units.
5. Climbing in and out of windows and/or removing screens from windows is not allowed.
6. Aspen Grove does not assume responsibility for lost or stolen property.
7. Water fights, water balloons, or shaving cream fights are not permitted.
8. There must be established lights-out and quiet-hour times. We recommend midnight.
9. No pets are allowed in camp.
10. The camp reserves the right to enter housing units for purposes of inspection or repairs.
11. No toilet papering. A \$50.00 fine will be charged to the responsible ward or stake and they will be required to clean up the mess.
12. Because of a service contract BYU has with Coca-Cola, only Coke products (which include soda, juice, sports drinks, and bottled water) can be served at Aspen Grove.

WORKSHOPS

In planning workshops, please keep in mind youth tend to be most engaged in workshops held in the morning. We also suggest holding no more than three consecutive sessions. Below are a list of workshop ideas:

Spiritual

Anonymous questions to the Bishop
Temple Marriage
Power of the Priesthood
The Challenge and Pressure of Being a Mormon
Girls Only: How to Catch a Boy's Eye
Boys Only: How to Catch a Girl's Eye
Signs of the Times
You and the Hereafter
Modern Day Prophecy
Missionary Work
Communicating Through Prayer
Gospel Questions
Science vs. Religion

Personal Improvement

What am I Worth?
Success on a Date
Improving Your Grace and Talents
How to be You
How to Improve Your Memory
Courtship and Marriage
Making the Most of Your 24 Hours
Personality- Becoming a More Likeable You
Communication - Are You Listening to Me?
Your Personal Charm
The Will to Win

General Interests

Music and Its Effect on You
Coping with Today's Problems
The Drug Scene
Principles of Leadership
How to Throw a Party
Raising Your Parents (Family Communication)
Cake Decorating
First Aid

Service Project Ideas:

Write thank-you cards
Knit hats with hat looms
Assemble hygiene kits
Write letters to missionaries
Tie fleece quilts
Write letters to service men/women
Assemble school kits

****These are suggestions. You are responsible for recruiting your workshop speakers.****

Aspen Grove will assign your ward or stake one room large enough to fit your entire group. This conference room will be yours for the duration of your stay and should be used for your workshops, firesides, and testimony meetings. Aspen Grove does not guarantee multiple rooms for break-out sessions. However, if you have a special request, please notify our office and we will do our best to accommodate your request.

SPRING/ FALL SEASONAL RECREATIONAL ACTIVITIES FOR ONE-NIGHT YOUTH CONFERENCES ON WEEKEND FRIDAY THROUGH SATURDAY

Although the weather can be a bit unpredictable in the spring and fall, it's a beautiful time of year at Aspen Grove.

The following outdoor activities will depend on accessibility, based on snow conditions

Outdoor Activities include: (weather permitting)

Basketball (6 hoops) Basketballs are provided. *Lights available in the evenings.*

Shuffleboard (2 courts) Equipment provided. *Lights available in the evenings*

Tennis (2 courts) Rackets and balls are provided. *Lights available in the evenings* (Spring only)

Ball Field Large open grass field.

Indoor Activities include:

Ping-pong (2 tables)

Billiards (3 tables)

Air Hockey (2 tables)

Foosball (2 tables)

Racquetball Aspen Grove will have two indoor courts available to our guests.

Wallyball Exciting game played in the racquetball court with net and ball provided.

In addition to these activities, large group games such as giant checkers and giant twister may be reserved in advanced by calling our office at 801.225.9554.

LATE SPRING (LAST WEEK IN MAY OR FIRST WEEK IN JUNE) RECREATIONAL ACTIVITIES FOR TWO-NIGHT YOUTH CONFERENCE

Outdoor Activities include:

Badminton (2 courts) Equipment provided. *Lights available in the evenings.*

Ball Field Large open grass field.

Basketball (6 hoops) Basketballs are provided. *Lights available in the evenings.*

Footballs & Frisbees Available for check out at the store

Flag Football Footballs will be furnished, with plenty of lawn area.

Frisbee Golf Frisbees are provided.

Hi-Ball Aspen Grove has two, four-person trampoline basketball arenas.

Hiking Trails are practically unlimited! Stewart Falls is approximately two miles each way and First Falls is approximately one mile.

Horseshoes (2 sets) Equipment is available at the horseshoe pit.

Miniature Golf Golf balls and golf clubs are provided. *Lights available in the evenings.*

Sand Pit Volleyball Net and volleyball provided in our sand pit. *Lights available in the evenings.*

Shuffleboard (2 courts) Equipment provided. *Lights available in the evenings.*

Softball Aspen Grove will provide the necessary balls, bats, and mitts upon request.

Swimming A certified lifeguard will supervise your group in the pool. Swimmers must bring their own modest swimming suit. Please let us know in advance when your ward/stake is planning to swim.

Tennis (2 courts) Rackets and balls are provided. *Lights available in the evenings.*

Pickleball (1 court) Rackets and balls are provided. *Lights available in the evenings.*

Indoor Activities include:

Ping-pong (2 tables)

Billiards (3 tables)

Air Hockey (2 tables)

Foosball (2 tables)

Racquetball Aspen Grove will have two indoor courts available to our guests.

Wallyball Exciting game played in the racquetball court with net and ball provided. *Indoors*

**SPECIAL EVENTS AND ACTIVITIES FOR TWO-NIGHT YOUTH CONFERENCES DURING THE LAST WEEK
IN MAY OR FIRST WEEK IN JUNE**

Aspen Follies

“Aspen Follies” is a series of relay activities which involve teams competing in a variety of outdoor events on the ball field. The games are played with specially designed equipment built especially for these events. All equipment will be furnished and operated by the Aspen Grove Summer Staff. Aspen Follies last approximately one and a half hours.

- Teams should be divided into groups of 20-25 youth (both males and females) and a team coach (who is allowed to participate). Not all team members will compete in all events, as different events require different numbers of participants.
- Aspen Follies is both a participant and spectator activity. In most cases it seems those who are observing have as much fun as those who participate.

The following is a list of some of the events that we might offer:

Leaky Bucket - You can use as many members of your team as you wish. You have four containers and three minutes to fill a large punctured drum with water. The holes in the drum may only be covered by parts of the team members anatomy to prevent water from leaking out. The team with the most water in the drum by the end of the time is the winner.

Sponge Toss - The team lines up in two lines facing each other about 10 ft. apart. The team members fill the sponges with water and then toss them to the next people standing in the line. They then toss the sponges back and forth down the line until it gets to the end of the line, where they squeeze the remaining water into the bucket. The team with the most water in the bucket is the winner.

Platform - A platform is placed in the middle of the field. The group must get the entire team on the platform and remain there for a designated amount of time.

Earthball Relay - The team must get the earthball through a designated obstacle course. Points are deducted for each cone that is touched or missed. The time is recorded for the team's effort.

Balloon Toss - With all participants at one end of the field, we catapult water balloons from the opposite end of the field. Trying to catch the balloon without it bursting in your hands only adds to the fun of getting wet. Those who catch an unpopped balloon win a prize. Get ready for some competition with good ol' wet fun!

Dances:

Aspen Grove will provide one large room for a combined dance with other wards and stakes, but does not provide the DJ, sound system or music. Wards and stakes coming the same weekend must coordinate with each other to schedule a DJ to come and provide their own music and sound system. You may want to even consider organizing a dance contest and award prizes.

Ropes Course:

Depending upon weather, the Aspen Grove ropes course may be available for your conference. To learn more and to check availability, please contact our office at 801.225.9554. Additional fee applies.

LODGING

Lodging assignments are made based upon your final headcount, given 2 weeks before check-in. We recommend making specific room assignments prior to your arrival. **Bedding is not provided.**



Rustic Cabins

Room for 7 or 9 People

2 people per queen bed
3 to 4 twin beds
2-3 mats



Aspen Lodge Guest Room

Room for 6 People

2 people per queen bed
2 people on floor mats



Beckham Lodge Large Room

Room for 7 People

2 people in room with queen bed (room on L)
2 people in the bunk bed (room on R)
1 person on the couch
2 people on floor mats



Beckham Lodge Small Room

Room for 3 People

2 people per queen bed
1 person on floor mat



Family Lodge

Rooms for 26-33 people

6 queen beds; 2 people per bed
13 twin beds
Floor Mats

FOOD SERVICE

Aspen Grove offers excellent food service for youth conference. Because Aspen Grove does all the preparation, cooking, and clean-up, leaders are able to spend time and focus on their youth.

Your ward or stake will be assigned a meal shift. **Please schedule your activities and workshops around your assigned meal times. Your punctuality is important**, as we are trying to serve many youth. Please notify our office of any food allergies and our food service staff will do their best to accommodate your needs.

Meal Shift Schedule:

One-Night Youth Conference:

1st shift:

Day 1- Dinner: 5:30

Day 2- Breakfast: 8:00

Lunch: 12:00

2nd shift:

Day 1- Dinner: 6:15

Day 2- Breakfast: 8:30

Lunch: 12:30

Two-Night Youth Conference:

1st shift:

Day 1 - Dinner: 5:30

Day 2 - Breakfast: 8:00

Lunch: 12:00

Dinner: 5:00

Day 3 - Breakfast: 8:00

2nd shift:

Day 1- Dinner: 6:15

Day 2 - Breakfast: 8:30

Lunch: 12:30

Dinner: 5:30

Day 3 - Breakfast: 8:30

REFRESHMENT REQUESTS

Refreshments may be ordered by calling our office at 801.225.9554. Please include quantity of desired refreshment with date and time it is to be served. You may choose from:

- Assorted cake donuts—\$7.89 /dzn.
- Assorted gourmet cookies—\$5.89/dzn.
- Brownies—\$26.00/half sheet—50 cut (chocolate, mint or nut)
- Glazed donuts—\$6.29/dzn.
- Hot chocolate (regular or mint) —\$6.99/gal. *Not allowed in the Aspen Lodge
- Ice cream bars (Chocolate covered vanilla, Toffee, Fudge, Orange cream) – \$.60 each
- Lemonade—\$3.89/gal.
- Cups (paper or foam) —\$2.00 roll of 25 count
- Napkins - \$1.25/25 count

*Prices subject to change

SAMPLE YOUTH CONFERENCE MENUS

* One entrée item per meal. This is a sample of what could be provided. All menus are planned by the Aspen Grove food service personnel and could vary from the following.

Breakfast

Main courses:	Pancakes Texas French toast Waffles
Served with:	Fruit juice Sausage, ham, or bacon Milk Hot chocolate

Lunch

Main courses:	Pizza Sloppy Joes Chili & hot dogs Hamburgers
Served With:	Salad Relishes Chips Cookies

Dinner

Main courses:	Pasta with two sauces Lasagna Grilled Chicken
Served with:	Tossed Salad/dressing Vegetables Rolls Milk Dessert

Remember:

These are only sample menus. All menus are planned by the Aspen Grove food service personnel.

Name	FACILITIES	
	Normal seating	Max. Capacity
Emerald Lodge (meals)	200	400
Emerald Lodge (dances)	200	400
Huish Activity Center	50	75
Timpangos Room opened one room	250	310
Timpanogos A	75	85
Timpangos B	100	120
Timpangos C	55	65
Tree rooms opened	120	160
Aspen room	25	30
Fir room	30	35
Pine room	30	35
Spruce room	25	30

Store

Aspen Grove is equipped with a small general merchandise store for the purchase of Aspen Grove T-shirts, sweat shirts, snacks, toiletries, etc.

Audio/Visual Equipment

Basic microphones and podiums are set up at no charge for a group over one hundred. A piano or keyboard will be in each conference room. You may request A/V equipment for an additional fee. Please notify our office no later than two weeks prior to your event. *Prices are on a per day basis. Quantities are limited; please reserve your audio/visual needs as soon as possible. See a list of audiovisual prices here: <http://aspengrove.byu.edu/conferences/AV.cfm>*