

Aspen Grove

Youth Conference

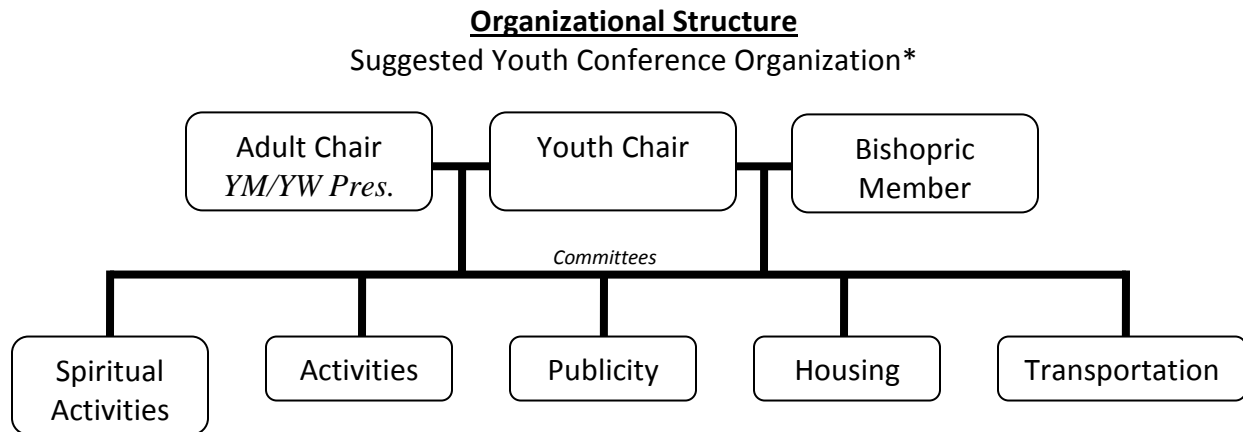


Winter Planning Guide 2012



We are very happy you have chosen Aspen Grove for your upcoming youth conference! We promise to do all in our power to make your youth conference memorable and successful.

We have found the best youth conferences are those planned together by youth and leaders. One way to structure your leadership is outlined below.



***Note:** This is only a suggested organizational chart which should be modified to fit the needs of your group.

Adult Chair:

As the adult in charge of your youth conference, it is your responsibility to oversee the entire organization and development of the conference and to see the goals or theme of the conference are met. We encourage you to keep a low profile. Since it is a youth conference, let the youth plan their own agenda as much as possible. There will be times when your expertise and experience will be needed, so don't hesitate to offer suggestions and ideas to smooth out the rough spots. Youth want to show that they are capable and will do an excellent job when given the opportunity.

Youth Chair:

As a youth leader, you have one of the most important jobs held by a young person in your ward or stake this year. This activity may have more influence on your peers than any other activity held during the year. You are responsible for overseeing the planning and conducting of the conference while at Aspen Grove. Remember to keep the goals and theme for the conference in mind when planning. Be prepared for committee meetings and set specific tasks to reach your goals. Here are some basic responsibilities to keep in mind:

Prior to conference

- (1) Work with adult leaders
- (2) Develop goals and themes
- (3) Coordinate all committees
- (4) Follow deadlines

During the conference

- (1) Work with Aspen Grove Staff
- (2) Conduct all meetings
 - a. Orientation & general meetings
 - b. Special meetings (firesides, testimonies, etc.)
- (3) Encourage peers to follow camp policy

Spiritual Activities Committee:

It is important to keep in mind the real purpose of your conference. Fun and games will be a big part of your youth conference, but the spiritual activities (firesides, testimony meetings, workshops) should be the highlight and have the biggest impact. It's good to utilize the talent and expertise of leaders in your ward and stake, when possible. You may want to survey your peers to find out which topics they would be interested in having. For a list of workshop ideas, see the section on Workshops in this packet (page 5).

Activities Committee:

When planning the agenda for the conference, be sure to know the needs and wants of the youth in your ward or stake. Build your agenda around what you are interested in now, not what has been done in years past. For a list of activities available at Aspen Grove, please see the section on Seasonal Activities in this packet (page 6).

Publicity Committee:

A youth conference, no matter how well planned, cannot be successful if no one attends. The publicity committee plays a big part to play in the success of the youth conference. Be sure to:

- A. *Inform participants* - They will want to know the details, dates, times, and places. Get an early start so that youth conference will be part of their plans.
- B. *Promot specific activities* – As highlights of the conference are planned, make sure to get that information out to your ward or stake. Let the people know it will be worth their time to attend.
- C. *Talk it up* - One of the best methods of advertising is by word of mouth. Encourage everyone to attend. Build enthusiasm! Be sure to reach all of the youth and their parents. Many times it will be the parents who will encourage the youth to attend.
- D. *Strategy* - Have a well-planned advertising approach. Because a final headcount for your youth conference is due two weeks prior to your check-in date, be sure to advertise in advance so youth have time to confirm their attendance.

Housing Committee:

One week prior to your arrival, Aspen Grove will notify you of the rooms your ward or stake has been assigned. Requests may be given. However, all assignments are based on the size of each group. Youth and leaders must bring their own bedding. For a description of each accommodation, please see the section on Housing in this packet (page 7).

Transportation Committee:

Whether your group is traveling by private vehicle or commercial carrier, it is your responsibility to arrange and organize transportation for everyone. In the winter, UDOT generally does a great job keeping the road plowed. However, **there is an electronic sign that turns on during storms requiring drivers to have chains or four wheel drive.** Please keep this requirement in mind as you find drivers for your conference. As a reminder, it is strictly against Church, BYU, and camp policy to transport youth in the back of pick-up trucks.

GENERAL SUGGESTIONS

The following are some suggestions to make your youth conference successful.

Adult Supervisors:

We strongly urge you to plan sufficient adult supervision for the size of your youth conference. **One adult per seven participants is recommended.** Prior to your conference, we suggest holding a brief orientation meeting for the adult supervisors to discuss their duties and responsibilities. For additional information, a special booklet on youth conferences is published by the Church and is available at the Church Distribution Center.

Priesthood Leaders:

We strongly suggest your stake and ward priesthood leaders be present for the entire youth conference. We've found conferences that have members of the stake presidency, high council, bishopric, and/or ward Aaronic Priesthood leaders present carry a more spiritual tone and tend to better accomplish the overall goal of youth conferences.

Dress Standards:

Youth Conference guests are encouraged to dress modestly and follow the standards outlined in the "For Strength of Youth" pamphlet. Clothing should be modest and appropriate in fabric, fit, and style. Clothing should be knee-length or lower and is unacceptable when it is sleeveless, strapless, backless, revealing, or form fitting. Shirts and tops must be long enough to cover the stomach and lower back, especially when bending over or raising one's hand or arm. Shoes should be worn in all public areas. All guests should avoid extremes in clothing, appearance, and hairstyle.

Free Time:

In planning your agenda, we recommend a full schedule of activities, with limited free time. We find youth wander off camp grounds or engage in activities that lead to camp destruction and/or personal injury when too much free time is planned.

GENERAL INFORMATION

Check-in

Check-in is at 4:00 PM in the Aspen Lodge.

Checkout

Checkout is at 4:30 PM. To check out, simply remove all personal items from your lodging and leave your keys in your room.

Checkout for a two-night youth conference

Checkout is at 11:00 AM on the third day

Each participant should bring the following:

- Sleeping bag
- Pillow
- Scriptures
- Towel
- Gloves, hat, coat, boots
- Pencil and notebook
- Camera
- Flashlight and batteries
- Toothbrush, toothpaste, soap and shampoo
- Pajamas

It is also recommended that each participant be told in advance to leave laptops and all other electronic devices at home, as they that will prevent youth from fully participating in the youth conference programs.

Contact Phone Number:

Please give parents wanting to contact their youth your cell phone number, as the Aspen Grove staff does not always know your exact location.

ASPEN GROVE REGULATIONS

The following rules will be your responsibility to enforce:

1. Damaging, destroying, or defacing of housing units, furniture, or equipment on camp property is prohibited. Removal of camp property is prohibited. Groups responsible will be required to reimburse the camp for all such actions. A \$100 damage deposit for each ward and a \$300 damage deposit per stake is required and will be refunded after the event if no damage has occurred during the youth conference.
2. The use or possession of narcotics or alcoholic beverages on camp property is forbidden and is a violation of state law.
3. Firearms or explosives are not permitted at camp.
4. Cooking and use of coil-resistant appliances are not permitted in sleeping units.
5. Climbing in and out of windows and/or removing screens from windows is not allowed.
6. Aspen Grove does not assume responsibility for lost or stolen property.
7. Water fights, water balloons, or shaving cream fights are not permitted.
8. There must be established lights out and quiet hour times. We recommend midnight.
9. No pets are allowed in camp.
10. The camp reserves the right to enter housing units for purposes of inspection or repairs.
11. No toilet papering. A \$50.00 fine will be charged to the responsible ward or stake and they will be required to clean up the mess.
12. Because of a service contract BYU has with Coca-Cola, only Coke products (which include soda, juice, sports drinks, and bottled water) can be served at Aspen Grove.

WORKSHOPS

In planning workshops, please keep in mind youth tend to be most engaged in workshops held in the morning. We also suggest holding no more than three consecutive sessions. Below are a list of workshop ideas:

Spiritual

Anonymous questions to the Bishop
Temple Marriage
Power of the Priesthood
The Challenge and Pressure of Being a Mormon
Girls Only: How to Catch a Boy's Eye
Boys Only: How to Catch a Girl's Eye
Signs of the Times
You and the Hereafter
Modern Day Prophecy
Missionary Work
Communicating Through Prayer
Gospel Questions
Science vs. Religion

Personal Improvement

What am I Worth?
Success on a Date
Improving Your Grace and Talents
How to be You
How to Improve Your Memory
Courtship and Marriage
Making the Most of Your 24 Hours
Personality - Becoming a More Likeable You
Communication - Are You Listening to Me?
Your Personal Charm
The Will to Win

General Interests

Music and Its Effect on You
Coping with Today's Problems
The Drug Scene
Principles of Leadership
How to Throw a Party
Raising Your Parents (Family Communication)
Cake Decorating
First Aid

Service Project Ideas:

Write thank-you cards
Knit hats with hat looms
Assemble hygiene kits
Write letters to missionaries
Tie fleece quilts
Write letters to service men/women
Assemble school kits

****These are suggestions. You are responsible for recruiting your workshop speakers.****

Conference Rooms: Aspen Grove will assign your ward or stake one room large enough to fit your entire group. This conference room will be yours for the duration of your stay and should be used for your workshops, firesides, and testimony meetings. Aspen Grove does not guarantee multiple rooms for break-out sessions. However, if you have a special request, please notify our office and we will do our best to accommodate your request.

WINTER SEASONAL RECREATIONAL ACTIVITIES

Cross-country skiing/Snowshoeing:

When you book, you will schedule a cross-country skiing/snowshoe time for your ward or stake. Both youth and leaders are invited to participate in this activity. **Each individual will choose to do either cross-country skiing or snowshoeing.** Because the availability of cross-country skiing is dependant upon boot size, **at least 1/3 of your group must snowshoe.** All participants should dress for winter weather. Snowshoers should bring their own snow appropriate shoes (boots or tennis shoes) for snowshoeing. Please note the **ski and snowshoe trails are separate.**

When you arrive at check-in, you will receive a ski/snowshoe sign-up sheet. Every person in your ward or stake should write their name on this form and identify which activity they will do. A leader should bring this form with them to the ski shop 10 minutes before your scheduled ski time to help check-out equipment to your group.

Ski/snowshoe times are:

8:30-10:15

10:30-12:15

12:30-2:15

2:30-4:15

Youth and leaders need to be informed that cross-country ski bindings are not designed to release while skiing and should not be used to perform jumps or other maneuvers other than cross-country skiing. Damage of ski and snowshoe equipment such as broken poles will be deducted from the ward or stake's damage deposit.

Other outdoor activities include sledding. Please note snowboards are not permitted at Aspen Grove.

****Please note:** The availability for cross country skiing and snowshoeing depends upon the snow level, as determined by the manager on duty. If the weather does not permit these winter activities, indoor group games will be available.

Indoor Activities include:

Ping-pong (2 tables)

Billiards (3 tables)

Air Hockey (2 tables)

Foosball (2 tables)

Dances:

Aspen Grove will provide one large room if you choose to plan a dance with the other wards and stakes attending your same weekend. Wards and stakes coming are responsible for coordinating with each other to schedule a DJ to provide their music/sound system. You may want to even consider organizing a dance contest and award prizes. (If fog is used, it must be water based.)

WINTER LODGING

Lodging assignments are made based upon your final headcount, given 2 weeks before check-in. We recommend making specific room assignments prior to your arrival. **Bedding is not provided.**



Family Lodge

Rooms for 26-33 people

6 queen beds; 2 people per bed

13 twin beds

Floor Mats



Aspen Lodge Guest Room

Room for 6 People

2 people per queen bed

2 people on floor mats



Beckham Lodge Large Room

Room for 7 People

2 people in room with queen bed (room on L)

2 people in the bunk bed (room on R)

1 person on the couch

2 people on floor mats



Beckham Lodge Small Room

Room for 3 People

2 people per queen bed

1 person on floor mat

FOOD SERVICE

Aspen Grove offers excellent food service for youth conference. Because Aspen Grove does all the preparation, cooking, and clean-up, leaders are able to spend time and focus on their youth.

Your ward or stake will be assigned a meal shift. **Please schedule your activities and workshops around your assigned meal times. Your punctuality is important**, as we are trying to serve many youth. Please notify our office of any food allergies and our food service staff will do their best to accommodate your needs.

Meal Shift Schedule:

Two-day youth conference:

1st shift: (8:30 or 12:30 ski time)

Day 1- Dinner: 5:30

Day 2- Breakfast: 8:00

Lunch: 12:00

2nd shift: (10:30 or 2:30 ski time)

Day 1 - Dinner: 6:15

Day 2 - Breakfast: 8:30

Lunch: 12:30

Three-day youth conference:

1st shift: (8:30 or 12:30 ski time)

Day 1 - Dinner: 5:30

Day 2 - Breakfast: 8:00

Lunch: 12:00

Dinner: 5:00

Day 3- Breakfast: 8:00

2nd shift: (10:30 or 2:30 ski time)

Day 1 - Dinner: 6:15

Day 2 - Breakfast: 8:30

Lunch: 12:30

Dinner: 5:30

Day 3 - Breakfast: 8:30

REFRESHMENT REQUESTS

Refreshments may be ordered by calling our office at 801.225.9554. Please include quantity of desired refreshment with date and time it is to be served. You may choose from:

- Assorted cake donuts—\$7.89 /dzn.
- Assorted gourmet cookies—\$5.89/dzn.
- Brownies—\$26.00/half sheet—50 cut (chocolate, mint or nut)
- Glazed donuts—\$6.29/dzn.
- Hot chocolate (regular or mint) —\$6.99/gal. *Not allowed in the Aspen Lodge
- Ice cream bars (Vanilla ice cream with a chocolate shell, Fudge bar, Orange cream, Ice cream sandwich) – \$.60 each
- Lemonade—\$3.89/gal.
- Cups (paper or foam) —\$2.00 roll of 25 count
- Napkins - \$1.25/25 count

*Prices subject to change

SAMPLE YOUTH CONFERENCE MENUS

* One entrée item per meal. This is a sample of what could be provided. All menus are planned by the Aspen Grove food service personnel and could vary from the following.

Breakfast

Main courses:	Pancakes French toast Waffles
Served with:	Fruit juice Sausage, ham, or bacon Milk Hot chocolate

Lunch

Main courses:	Pizza Sloppy Joes Chili & hot dogs Hawaiian Haystacks
Served With:	Salad Chips Cookies

Dinner

Main courses:	Pasta with two sauces Lasagna Grilled Chicken
Served with:	Tossed Salad/dressing Vegetables Rolls Milk Dessert

Remember:

These are only sample menus. All menus are planned by the Aspen Grove food service personnel.

Food Allergies:

Prior to your arrival, please notify Aspen Grove of any food allergies. At your first meal, encourage the individual(s) with food allergies to introduce themselves to the chef. The chef will assist individuals with dietary needs to ensure a positive experience. Individuals with severe food allergies may need to bring food to supplement what Aspen Grove provides.

Name	FACILITIES	
	Normal seating	Max. Capacity
Emerald Lodge (meals)	200	400
Emerald Lodge (dances)	200	400
Huish Activity Center	50	75
Timpangos Room opened one room	250	310
Timpanogos A	75	85
Timpangos B	100	120
Timpangos C	55	65
Tree rooms opened	120	160
Aspen room	25	30
Fir room	30	35
Pine room	30	35
Spruce room	25	30

Store

Aspen Grove is equipped with a small general merchandise store for the purchase of Aspen Grove T-shirts, sweat shirts, snacks, toiletries, etc.

Audio/Visual Equipment

Basic microphones and podiums are set up at no charge for a group over one hundred. A piano or keyboard will be in each conference room. You may request A/V equipment for an additional fee. Please notify our office no later than two weeks prior to your event. *Prices are on a per day basis. Quantities are limited; please reserve your audio/visual needs as soon as possible.*

See a list of audiovisual prices here, <http://aspengrove.byu.edu/conferences/AV.cfm>